

PRESS RELEASE

Area Agency on Aging to Host Free Caregivers Conference in Tyler Next Month

Join us on November 10th for "Get Your House in Order"

Tyler, TX, November 10, 2016: As loved ones age, debilitating disease, chronic health conditions or simple frailty can arise in a family, one may end up a caregiver, sometimes unexpectedly. While some employ paid providers, most rely on unpaid assistance from families, friends and neighbors, who soon become "on call" 24 hours a day, 7 days a week. The Area Agency on Aging of East Texas and the St. Louis Baptist Church's Comfort and Care Ministry invites the public to attend *Get Your House in Order!*, a free caregivers conference to be held on Thursday, November 10th, at the St. Louis Baptist Church located at 4000 Frankston HWY, from 9:00 AM – 2:00 PM.

The Conference is designed to offer caregivers – families and individuals in East Texas caring for loved ones with chronic, disabling health conditions – with information and resources needed to carry out this very important work. The conference will feature the following expert speakers and discussion topics: Finances and Legal Questions by Trelisha M. Brown with the Texas Legal Services Center; Dealing with Hospice by Vicki Harvey with Hospice of East Texas; Funeral and Burial Arrangements by Lorieta Garrett with the Brooks, Sterling & Garrett Funeral Home; and Taking Care of Yourself by Bettye M. Mitchell, the director of Aging Programs with the Area Agency on Aging.

"Every day we see the role stress plays in the lives of family caregivers who are trying to do too much with too few resources," said Bettye M. Mitchell, director of Aging Programs for the Area Agency on Aging of East Texas. "One common mission for both of our organizations, the AAA and St. Louis Baptist Church, is to provide valuable information to caregivers in our community."

"Caregivers are a gift of honor," says Rev. Ralph E. Caraway, Sr., senior pastor of the St. Louis Baptist Church. "St. Louis' Comfort and Care Ministry and I are dedicated to honoring those who give so much of themselves."



ST. LOUIS BAPTIST CHURCH'S COMFORT AND CARE MINISTRY
AND THE AREA AGENCY ON AGING OF EAST TEXAS PRESENTS

Get Your House In Order!

An Information Conference In Recognition of National Caregivers Month

THURSDAY, NOVEMBER 10, 2016 • 9AM-2PM
ST. LOUIS BAPTIST CHURCH
4000 FRANKSTON HIGHWAY / TYLER

Things You Need To Know...

Finances and Legal Questions

Trelisha M. Brown – Texas Legal Services Center

Being In Charge of Your Financial Funds • Protecting Your Assets
Who is Responsible for Bills Left Behind? • Bank Accounts
Power of Attorney • Legal Instruments • Payable Upon Death

Dealing with Hospice

Vicki Harvey – Hospice of East Texas

What Is Hospice? • What Services Are Provided?
Who Pays? • When Is Hospice Needed?

Funeral and Burial Arrangements

Lorieta Garrett – Brooks, Sterling & Garrett Funeral Home

Pre-Planning Funeral Arrangements • Action Planning • Decision Making

Taking Care of Yourself - Discussion by Bettye Mitchell

RSVP: Nellie Henry (903) 595-5211 or nellie.henry@etcog.org

Pre-registration is necessary by Friday, November 4th to participate. For reservations, please call (903) 595-5211 or email us at nelie.henry@etcog.org.

About Area Agency on Aging of East Texas

The Area Agency on Aging of East Texas is designated by the Texas Department of Aging and Disability Services to coordinate services for persons in East Texas who are 60 or older, with particular attention to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas. Programs include, but are not limited to: Information, Referral and Assistance, Benefits Counseling/ Legal Assistance, Nursing home Ombudsman, Care Coordination, Caregiver Support Program and transportation provided by GOBUS. The Area Agency on Aging provides Nutrition programs delivering hot, nutritious meals to eligible homebound senior and providing congregate meals at local senior centers. The Area Agency on Aging is a program of ETCOG serving its 14 county region.

About ETCOG

The East Texas Council of Governments (ETCOG) is a voluntary association of counties, cities, school districts and special districts within the fourteen-county East Texas region. ETCOG assists local governments in planning for common needs, cooperating for mutual benefit and coordinating for sound regional development. Established in 1970, ETCOG, either directly, or through its contractors, provides programs and services for East Texas seniors, employers, and job seekers. ETCOG and its contractors also build the 9-1-1 emergency call delivery system, provide peace officer training and homeland security planning services; and deliver rural transportation services, business finance programs, and environmental grant funding for the region.